The Virtue of Patience
What is Patience?

“The capacity to accept or tolerate delay, trouble, or suffering without getting angry or upset.”
Patient?

- Why?
- For how long?
- With who?
Why should be patient?

• “By your patience Possess your souls” (Luke 21:19)

• Patience is a natural result for a love.
God has been so patient with mankind since the beginning.
For how long?

• “He who endures to the end will be saved” (Matthew 10:22)

Examples of people who were patient in the Bible:

• Jacob and Laban.
• David and Saul.
• Joseph in Egypt.
• Noah and the ark.
Jacob and Laban

• Jacob waited for 14 years to marry Rachel.
David and Saul

- David had to wait for 13 years after being anointed to actually become a King.
Noah built the ark in 100 years.
With whom am I supposed to be patient?

- God
- Myself
- Others.
How to acquire patience

• Prayers
• Humility
• Holy Sacraments.
• Discipleship.
How to help others acquire the virtue of patience

• Role model. “And for their sake I sanctify myself” (John 17:19)
Conversation

- “And He said to him, “you have rightly judged.” (Luke 7:43)
- “You have well said, “I have no husband” (John 4:17)
Guidance

• “Jesus said to her, “Go call your husband, and come here.” The woman answered and said, “I have no husband.” Jesus said to her, “You have well said. I have no husband, for you have had five husbands, and the one whom you have is not your husband, in that you have spoke truly.”

• (John 4: 17-18)